

HELPLINE DIRECTORY

Print 2 copies: one for the classroom, one for the staff room

EMERGENCY NUMBERS (threat to life)

-  **112** – General emergency number (EU and international)
-  **999** – Emergency services (UK)
-  **911** – Emergency services (USA)

SUPPORT FOR CHILDREN AND YOUNG PEOPLE (free, confidential)

-  **Childline: 0800 1111** (UK – 24/7)
-  **Crisis Text Line: text HOME to 741741** (USA)
-  **Kids Helpline: 1800 55 1800** (Australia)
-  **findahelpline.com** – searchable directory of crisis lines in 50+ countries

SUPPORT FOR PARENTS AND TEACHERS

-  **Family Lives: 0808 800 2222** (UK)
-  **SAMHSA Helpline: 1-800-662-4357** (USA)

When YOU need support after a difficult intervention.

KNOWLEDGE BASE (websites)

-  **iasp.info/resources/Crisis_Centres** – International Association for Suicide Prevention
-  **papyrus-uk.org** – Prevention of Young Suicide (UK)
-  **afsp.org** – American Foundation for Suicide Prevention

One phone call can save a life. Do not hesitate.